



## a message from

# **Health Services**

Getting a flu shot is more important than ever. While it will not protect against COVID-19, it can reduce your risk of flu illness and prevent hospitalization, which is crucial at a time when the health care system is burdened by the coronavirus.

#### **FLU SHOT SCHEDULE\***

FLU SHOTS

#### AP1 Benefits Room (next to Café)

Tuesday, Oct. 5 1-4:30 p.m.

#### **AP3 Fishbowl**

Wednesday, Sept. 29 1 – 4:30 p.m.

#### **AP5 Eagles Nest**

Thursday, Oct. 7 1 – 4:30 p.m.

#### AP35 Executive Dining Room

Tuesday, Sept. 28 9 – 11 a.m.

#### **COME PREPARED**

Print and bring the completed <u>flu vaccine consent form</u> with you.

No appointment necessary during a building session. Wear your GE Appliances employee ID badge, safety glasses and closed-toe shoes when on the production floor. Social distancing and masks will be required.

Wear a shirt that allows easy access to your upper arm/shoulder.

\*The PWCC in AP4-100 Medical will be closed during the building flu shot sessions.

#### PARK WELL CARE CENTER (PWCC) IN AP4-100 MEDICAL FLU SHOT SCHEDULE

SEPT. 27, 28, 30 OCT. 4, 6, 11, 13, 18, 20, 21 8:45 – 11:30 a.m. 1 – 3 p.m.

**OCT. 1** 

8:30 – 11:30 a.m. 1 – 3:15 p.m.

**OCT. 8, 15, 22** 8:30 – 11:30 a.m.

## APPOINTMENTS RECOMMENDED AT PWCC

Call the Park Well Care
Center (PWCC) at
502-452-0777. If it goes
to voicemail, leave a
message with your
name, phone number
and desired day and
time for a flu shot.
Walk-in availability
is not guaranteed.
Appointments scheduled
every 15 minutes.

#### PREVENT THE FLU

Getting vaccinated could prevent between 70-90% of all illnesses caused by the flu. Once you get a vaccine shot, your body will take up to two weeks to build up full immunity.

#### **OTHER VACCINATION SITES**

Are you and your family enrolled in GEA's health plan? Get a free flu shot at your nearest <u>CVS Pharmacy</u> or MinuteClinic.

If you are not enrolled in a GEA health plan, flu shots at most pharmacies are free or discounted. Check with your insurance plan and pharmacy.

### STOP THE SPREAD OF GERMS!

Wash your hands frequently with soap and water and avoid touching your face with your hands. If soap and water aren't available, use an alcohol-based sanitizer.